

## **Volunteer Opportunities**

**Project Based Opportunities** 

Name	Description	Dates/Times	Volunteer Needs	Training
Renew Days	Volunteers are needed to assist our facility's team in the refurbishing of our service location across New York City.	Open; this opportunity is scheduled according to volunteer availability. This is a 4-6 hour project taking place on weekdays or on Saturdays. Start time is typically after 8:00am.	Volunteers are needed to paint apartments; organize shelter offices and client activity areas; assist with landscaping; help with decorations and design. This opportunity requires at least 6 volunteers but can accommodate up to 25 volunteers.	Volunteer groups are prepped with assignments during scheduling. A 45 minute breakfast orientation takes place the day of the training. No specific training is required.
Meal Prep	Volunteers are needed to assist program staff in the preparation of meals including snacks, breakfast, lunch, and dinner.	Open; this opportunity is scheduled according to volunteer availability and program needs. This is a 4-8 hour project taking place any day of the week or weekend. Start time is typically after 8:00am and can include late evening.	Volunteers are needed to assist program staff in the planning, preparing, and serving nutritious meals. Additionally, clean up and help with organizing is needed. This opportunity can accommodate 1 to 8 volunteers per visit.	Volunteer groups are prepped with a full description of what will be needed during the Meal Prep project. A 45 minutes orientation takes place the day of the training. No specific training is required.
Holiday Planning	Volunteers are needed to assist program staff in the planning of holiday activities including: meals, trips, on-site activities and decoration of facilities.	Consistent with holiday schedule; volunteers are needed 2-4 weeks prior to the holiday to assist with the planning of activities. Additionally, volunteers are needed on the actual holidays. This	Volunteer needs include: Meeting as a committee with program staff to develop activities for clients to participate; helping with decorating facilities; and assisting with meal preparation for the holiday,	Volunteers will work together as a committee with other volunteers and staff. No specific training is required.

		is a 2-4 hour project requiring 2-4 meetings. Meetings are typically held weekdays after 5:00pm.	as needed. This opportunity can accommodate 1 to 10 volunteers for planning and up to 20 volunteers during execution.	
Mile Stone Days	AFC needs help in developing recognition events and activities for clients who have graduated from our programs or reached milestones in their work within our programs. This can include an awards presentation, a pizza and ice cream party, a dance or other similar activities.	Opportunities are ongoing. Volunteers are needed 2-4 weeks prior to the scheduled recognition event to conceptualize and plan the recognition event. This is a 2-4 hour project requiring 2-4 meetings. Meetings are typically held Weekdays after 5:00pm.	Volunteers will serve as part of a committee to create recognition opportunities for clients. Volunteers are also needed to help decorate the facilities, assist with meal, and may even provide entertainment. This opportunity can accommodate 1 to 10 volunteers for the planning and up to 20 volunteers during the recognition event.	Volunteers will work together as a committee with other volunteers and staff. No specific training is required.
Special Event Support	AFC hosts several Special Events each year to raise awareness, funds, and support from the local community. Volunteers would support AFC special event team to organize and executive events.	Upcoming dates include: Oasis Summer Reception; A Place at the Table Gala; Holiday Fundraising Event.	Volunteers are needed to assist with set-up, breakdown, event management, serve as ushers, manage check-in of guests, and other event specific items.	No specific training is required. Volunteers will meet with even coordinators and other volunteer leaders to execute tasks as assigned.

**Program Based Opportunities** 

Name	Description	<b>Dates/Times</b>	Volunteer Needs	Training
Lunch	AFC's programs rely	Guest Speakers are part	Volunteers who are strong	No training is

## & Learn Career Day

on the support of our community partners to help educate youth in our programs by introducing them to local business professionals who can share their story and tell youth about their career/education choices. Guest speakers are invited to speak to youth about an array of topics.

of a group called upon by our program staff to come in to speak. Guest Speaker opportunities are established by our program staff and are set-up to meet the speakers availability. Speakers are asked to prepare their own materials beforehand and review them with our program staff prior to scheduling a meeting with clients. Speaking engagements typically last up to 2 hours.

speakers or who can connect with youth are needed for this opportunity. Volunteers are encouraged to speak on items related to their profession, educational background, or other relevant life skills. 1 to 3 volunteers are able to present at a time. required,
however
volunteers will
be required to
attend two
volunteer
orientation
meetings/scree
nings prior to
being
introduced to
program staff.

## Life Coach

The LIFE Coach Program aspires to support our residents as they go out into the world and begin to live on their own, start careers, further their education, and become well-rounded and engaged citizens. By linking youth with LIFE Coaches, we will be able to ease the transition into adulthood and independence

Time commitments for this program include:

- -Four trainings throughout two months. - Attend, coordinate and
- co-facilitate 2 hour, monthly LIFE retreat - spend 2-4 evenings per
- month at a residence interacting with the youth
- Attend monthly group supervision

Volunteers are needed to:

- Initiate and maintain a supportive relationship with the youth of AFC
- Act as a positive role model and supportive guide
- Facilitate LIFE retreats with other LIFE Coaches
- Build relationships by leading weekly or biweekly activities at residences
- Plan and organize free cultural outings in the NYC area
- Help clients identify goals and work toward accomplishing them

Volunteers are required to attend a comprehensive training which includes skills training needed to work as a Life Coach. Trainings are scheduled during the afternoon. evenings, and weekends to accommodate the volunteer's schedule.